

CLINICA PLANAS LICHEN HUB MEETING

THEORETICAL COURSE WITH LIVE SURGERIES

Monographic course on vulvar lichen sclerosis.
Multidisciplinary approach from a regenerative
perspective.

19 • April • 2024 • Barcelona

www.lichenhubmeeting.com

CLINICA PLANAS LICHEN HUB MEETING

Scientific program

- 8:30 h. Reception and collection of documentation
8:50 h. **WELCOME AND INTRODUCTION**
Dr. Massimiliano Brambilla and Dr. Maite Fernández

SESSION 1: GENERAL CONCEPTS IN LICHEN SCLEROSUS

Moderators: Dr. Oriol Porta and Dr. Irene Fuertes

- 9:00 • 9:10 h. Introduction: Lichen Sclerosus
Dr. Maite Fernández
- 9:10 • 9:20 h. Differential diagnosis of vulvar and penile dermatoses
Dr. Marco Cusini
- 9:20 • 9:30 h. First consultation for lichen sclerosus: systematic clinical history and examination
Dr. Maite Fernández
- 9:30 • 9:40 h. Lichen as a systemic disease and its gastrointestinal implications
Dr. Laura Cortés
- 9:40 • 9:50 h. Official guidelines and topical preparations: What? When? and How to do it?
Dr. Marco Cusini
- 9:50 • 10:00 h. Pelvic floor rehabilitation in lichen sclerosus
Dr. Nuria Felip
- 10:00 • 10:30 h. **DISCUSSION**

10:30 • 11:00 h. **Coffee break**

SESSION 2: REGENERATIVE APPROACH IN LICHEN SCLEROSUS

Moderators: Dr. Eva Guisantes and Dr. Miguel Garber

- 11:00 • 11:05 h. Regenerative medicine in lichen sclerosus: why?
Dr. Massimiliano Brambilla
- 11:05 • 11:15 h. Platelet-rich plasma. How can it contribute to the management of lichen sclerosus?
Dr. Maite Fernández
- 11:15 • 11:25 h. Combined use of Nanofat and platelet-rich plasma (Liquenia®) for lichen sclerosus
Dr. Patricia Gutiérrez
- 11:25 • 11:35 h. High-tech perspectives: exosomes. A new possibility for lichen treatment?
Dr. Fernando Aznar
- 11:35 • 12:45 h. Energy-based devices in lichen sclerosus: What do we know and where are we going?
Dr. Maite Fernández
- 11:45 • 12:00 h. Regenerative strategies: 20 years of experience
Dr. Massimiliano Brambilla
- 12:00 • 12:30 h. **DISCUSSION**

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Coordinated by: Dr. Massimiliano Brambilla and Dr. Maite Fernández

SESSION 3: LICHEN SCLEROSUS, MORE THAN A VULVAR PROBLEM

Moderator: *Dr. Cusini*

- 12:30 • 12:40 h. Lichen sclerosus in men: a reality in clinic practice
Dr. Massimiliano Brambilla
- 12:40 • 12:50 h. Pediatric lichen sclerosus: how to approach it?
Dr. Marco Cusini
- 12:50 • 13:00 h. Treatment of vulvar stenosis: when and how?
Dr. Massimiliano Brambilla
- 13:00 • 13:10 h. Addressing sexuality in people with lichen sclerosus.
Dr. Silvia Pastells
- 13:10 • 13:30 h. Patient associations: LiSCLEA, 5 years of Italian experience
Dr. Muriel Ruffineau
- 13:30 • 13:45 h. **DISCUSSION**
- 13:45 • 14:00 h. Lichenhub: a 360-degree approach to lichen sclerosus
Dr. Massimiliano Brambilla, Dr. Maite Fernández, Dr. Laura Cortés, Dr. Marco Cusini, Dr. Nuria Felip and Dr. Silvia Pastells

14:00 • 15:30 h. LUNCH

15:30 • 19:00 h. **Discussion of clinical cases in the auditorium by Dr. Fernández while 2 live surgeries are performed in the operating room by Dr. Brambilla**

▶ 15:30 • 17:00 h. Lipofatgraft for lichen sclerosus
Dr. Massimiliano Brambilla

▶ 17:00 • 17:30 h. **Coffee break**

▶ 17:30 • 19:00 h. Introitus amplification surgery for stenosis in lichen sclerosus
Dr. Massimiliano Brambilla

19:00 h.

CLOSING CEREMONY

Aimed at gynecologists, dermatologists, urologists, plastic surgeons, family physicians, midwives, physiotherapists and professionals interested in vulvar pathology and regenerative medicine.

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LANGUAGE:

Spanish • English (Simultaneous translation)

DATE:

April 19, 2024

VENUE:

Espacio Jaime Planas

Carrer de Pere II de Montcada, 16. Sarrià-Sant Gervasi.
Barcelona

REGISTRATION:

Only through the web site

Type of registration (until April 14, 2024)	Registration fee
General rate	200,00 €
SEGERF Members rate	150,00 €
Collaborating companies rate	150,00 €
Residents, midwives and physiotherapists	75,00 €

The on-site registration fee includes:

- Course documentation
- Access to scientific sessions and commercial area
 - Coffee breaks and lunch
 - Diploma of attendance
- Possibility of obtaining continuing education accreditation

CREDITS:

Official credits requested from the Continuing Education Commission

ORGANIZED BY:

CLINICAPLANAS LichenHUB®



TECHNICAL SECRETARIAT COURSE:

Meet & forum

Tel.: + 34 91 517 87 88 • Mail: belen.banegil@meetandforum.com

Paseo de Santa María de la Cabeza, 66 Mezzanine. 28045 Madrid

WEB:

www.lichenhubmeeting.com

