

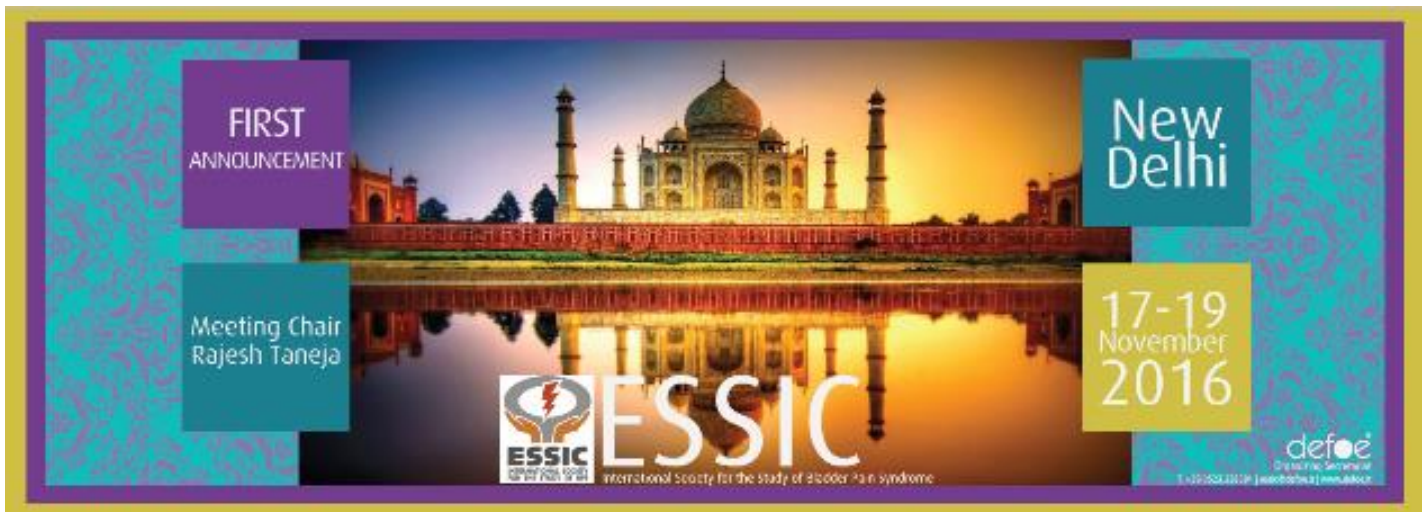


# ESSIC Annual Meeting 2016

November 17-19, 2016

Four Points by Sheraton New Delhi, Airport Highway

Meeting Chair: Rajesh Taneja



## ESSIC EXECUTIVE COMMITTEE

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Philip Hanno, Member (Philadelphia, USA)

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Dear Friends and Colleagues,

You are warmly invited to attend the important ESSIC meeting in New Delhi this year.

ESSIC “the international society for Bladder Pain syndrome /Interstitial cystitis “has a long tradition of excellent research, education and promotion of the condition.

The ESSIC meetings are a must for all those specifically involved in this pathological entity. The wealth of information the participants get, the possibility of networking , the friendly atmosphere and open discussions leave no one untouched. New Delhi is a far trip for participants of parts of the world but you can be sure that Dr Taneja and our PCO Defoe will make it worthwhile.

Hope to see you there

J.J. Wyndaele  
ESSIC President



Dear Friends ,

It is my proud privilege to invite you for the annual meeting of ESSIC, to be held in New Delhi, India between 17-19 November 2016. Bladder pain syndrome, erstwhile known as Interstitial Cystitis, has been considered an elusive disease, with varying definitions to diverse clinical presentations. Delhi is equally diverse in its cultural and historical heritage. The annual meeting would be conducted in comfortable ambience and would include one and a half day of deliberations by experts from all over the world. The following day would be a workshop for the clinicians, who intend to sensitize themselves with the basics of clinical approach to patients of BPS/IC, as presented by the stalwarts from the globe. I am sure this meeting is going to be a scientific bonanza for the experts as well as the beginners alike.

Looking forward to welcoming you all to the pleasant weather of November in New Delhi.

Dr Rajesh Taneja  
ESSIC 2016 Meeting Chair

# SCIENTIFIC PROGRAMME

THURSDAY, NOVEMBER 17<sup>th</sup>, 2016

|       |                                  |   |
|-------|----------------------------------|---|
| 13.30 | Registration                     |   |
| 14.00 | <b>Welcome and Introduction:</b> | R. Taneja, ESSIC 2016 Meeting Chair<br>J.J. Wyndaele, ESSIC President |

## 14.15-15.45 1<sup>st</sup> SESSION | Current Understanding of Etiopathogenesis of BPS

Moderators: M. Cervigni, P.N. Dogra, J. C. Nickel, D. Shoskes

|       |  |  |     |
|-------|--|--|-----|
| 14.15 | Current scenario of multifactorial origin hypothesis                   |  | 15' |
| 14.30 | Role of stress – Potentiation /Initiation                              |  | 15' |
| 14.45 | Current epidemiology – are we convinced with our reporting strategies? |  | 15' |
| 15.00 | Impact of etiopathogenesis on planning management of a given case      |  | 15' |
| 15.15 | Discussion   |  | 30' |

15.45 – 16.15 TEA BREAK

## 16.15-17.45 2<sup>nd</sup> SESSION | Laboratory markers of the disease: Current and future

Moderators: N.P. Gupta, P. Hanno, K. Whitmore

|       |  |  |     |
|-------|--|--|-----|
| 16.15 | Feasibility of Screening tests for epithelial permeability |  | 15' |
| 16.30 | Correlation of lab markers with symptom complex            |  | 15' |
| 16.45 | Role of lab markers in diagnosis and follow-up             |  | 15' |
| 17.00 | Future of BPS: Will it remain a diagnosis of exclusion?    |  | 15' |
| 17.15 | Discussion   |  | 30' |

19.00 – 21.30 WELCOME DINNER

FRIDAY, NOVEMBER 18<sup>th</sup>, 2016

## 09.00-10.30 3<sup>rd</sup> SESSION | Clinical phenotyping, How feasible is it?

Moderators: J. C. Nickel, J. Nordling, D. Shoskes, J.P. Van De Merwe

|       |  |  |     |
|-------|--|--|-----|
| 09.00 | Introduction and Classifications based on clinical phenotyping |  | 15' |
| 09.15 | Validation of biomarkers to identify clinical phenotypes       |  | 15' |
| 09.30 | Management strategy based on clinical phenotyping              |  | 15' |
| 09.45 | Proposed Protocol for a future multi centric clinical study    |  | 15' |
| 10.00 | Discussion   |  | 30' |

10.30 – 11.00 TEA BREAK

## 11.00-12.30 4<sup>th</sup> SESSION | Pharmacologic aspects of treatment of BPS

Moderators: J.J. Wyndaele, A. Kriplani, R. Sood

|       |   |  |     |
|-------|---|--|-----|
| 11.00 | Oral PPS: The current understanding                 |  | 15' |
| 11.15 | NON PPS oral agents                                 |  | 15' |
| 11.30 | Intra vesical agents                                |  | 15' |
| 11.45 | Future trends in Pharmacological management of BPS? |  | 15' |
| 12.00 | Discussion  |  | 30' |

12.30 – 13.30 LUNCH

**13.30-15.00 5<sup>th</sup> SESSION | Non pharmacological aspects of treatment of BPS**

Moderators: R. Moldwin, R. Sharma , N. Mishra

|       |   |  |     |
|-------|---|--|-----|
| 13.30 | Why do treatments fail                              |  | 15' |
| 13.45 | Role of diet  |  | 15' |
| 14.00 | Current status of neuromodulation                   |  | 15' |
| 14.15 | Role of Physical Rehabilitation in treatment of BPS |  | 15' |
| 14.30 | Discussion  |  | 30' |

15.00 – 15.30 TEA BREAK

**15.30-17.30 6<sup>th</sup> SESSION | Podium presentation**

Moderators: K. Whitmore, J.J. Wyndaele, J.P. van De Merwe

19.30 Social Dinner

**SATURDAY, NOVEMBER 19<sup>th</sup>, 2016**

|       |                           |  |
|-------|---------------------------|--|
| 09.00 | Registration for Workshop |  |
| 09.15 | Welcome address           |  |

**09.30-11.00 1st WORKSHOP SESSION | Etiopathogenesis of the subject**

Moderators: P. Hanno, J. P. Van De Merwe

**09.30-11.00 PARALLEL WORKSHOP SESSION (for patients)**

Moderators: Jane Meijlink, Jane Rajenda

11.00 – 11.30 TEA BREAK

**11.30-13.00 2nd WORKSHOP SESSION | Investigations in a case of suspected BPS**

Moderator: K. Whitmore

**11.30-13.00 PARALLEL WORKSHOP SESSION (Physiotherapy and rehabilitation)**

13.00 – 14.00 LUNCH

**14.00-15.30 3rd WORKSHOP SESSION | Diagnosis of BPS**

Moderators: M. Fall, J. Nordling

15.30 – 16.00 TEA BREAK

**16.00-17.30 4th WORKSHOP SESSION | Clinical approach to a suspected case of BPS**

Moderators: J.J. Wyndaele

FREE EVENING

## FACULTY

Mauro Cervigni, Gynaecologist, Rome

P.N. Dogra

Magnus Fall, Urologist, Gothenburg

Apul Goel

N.P. Gupta

Philip Hanno, Urologist, Philadelphia

Amita Jain

Alka Kriplani

Jane Meijlink, Painful Bladder Foundation, Rotterdam

Uttam Mete

Nagendra Mishra

Robert Moldwin, Urologist, New York

J. Curtis Nickel, Urologist, Kingston (ON)

Jørgen Nordling, Urologist, Copenhagen

Sanjay Pandey

Shivam Priyadarshi

Navita Purohit

Jane Rajenda

Claus Riedl, Urologist, Austria

Ranjana Sharma

Daniel Shoskes, Urologist, Cleveland

Rajeev Sood

Rajesh Taneja, Gynaecologist, New Delhi

Joop P. van De Merwe, Urologist, Rotterdam

Arndt van Ophoven, Urologist, Herne

Kristene Whitmore, Urologist, Philadelphia

Jean Jacques Wyndaele, Urologist, Antwerp

## VENUE

Four Points by Sheraton New Delhi, Airport Highway

Address: Plot No 9, National Highway 8, Delhi - Gurgaon Road, Samalka, New Delhi, Delhi 110037, India

## UEMS CME | TOTAL HOURS: 15 h 30 min

UEMS Credits: To be assigned

This course is accredited for 250 participants.

Credits applications available for Physicians, Gynecologists, Urologists, Surgeons, Neurologists, Gastroenterologists, Anesthetists, Nurses and Obstetrics interested in the management of BPS.

## REGISTRATION

Send registration form to the organizing secretariat together with the receipt of payment, made before 15 October 2016. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

## REGISTRATION COSTS

### Until 15 October

### After 15 October

|                            | Until 15 October | After 15 October |
|----------------------------|------------------|------------------|
| MD, MhD                    | € 200,00*        | € 300,00*        |
| MD, MhD<br>(ESSIC Members) | € 150,00*        | € 250,00*        |
| Nurse & Care Workers       | € 100,00*        | € 200,00*        |
| Students & Residents       | € 50,00*         | € 50,00*         |
| Patients                   | € 50,00*         | € 50,00*         |

\* Fee is meant for each person, in Euros, VAT free. The registration fee includes: certificate of attendance, CME related forms, coffee breaks and lunch, free entrance to the exhibition area. For group registration please contact the Organizing Secretariat in order to take advantage of registration package.

## HOTEL

For hotel reservations please contact the organizing secretariat

## ORGANIZING SECRETARIAT AND CME PROVIDER

**defoe** Tel.: +39.0523.338391 – Fax: +39.0523.1860018 [essic@defoe.it](mailto:essic@defoe.it) – [www.defoe.it](http://www.defoe.it)

ESSIC, the International Society for the Study of Bladder Pain Syndrome thanks the ESSIC 2016 annual meeting sponsors and exhibitors for their valuable support.

Exclusive Platinum, Gold, Silver Partner of ESSIC 2016



Click on the logo to connect to COMFORA website

Industries interested in sponsoring or exhibiting at the event are invited to contact the organizing secretariat at [essic@defoe.it](mailto:essic@defoe.it).